

Ijeoma Opara, PhD., MSW, MPH

Assistant Professor
Yale University
School of Public Health
Department of Social & Behavioral Sciences
60 George Street
New Haven, CT 06510

Email: ijeoma.opara@yale.edu

EDUCATION

- 2016-2019 Montclair State University
Ph.D. in Family Science and Human Development
Dissertation: Exploring the role of social support, ethnic identity, and psychological empowerment on drug use and sexual risk behavior among Black and Hispanic female adolescents
Committee: Dr. Robert J. Reid (chair), Dr. Pauline Garcia-Reid, & Dr. Elizabeth Rivera Rodas
- 2013-2014 New York University
Master of Social Work, 2013-2014
Concentration: Integrated Primary & Behavioral Health
- 2011-2012 University of Pennsylvania
Post-Baccalaureate Pre-Health Program
- 2009-2011 New York Medical College
Master of Public Health
Concentration: Epidemiology
Thesis: Is environmental tobacco smoke associated with asthma morbidity in inner city African American children? Results from a randomized controlled trial
Committee: Dr. Howell Sasser (chair)
Dr. Arlene Butz (Johns Hopkins University)
- 2007-2009 New Jersey City University
Bachelor of Arts
Major: Psychology
Magna cum Laude

LICENSES, CERTIFICATES, & PROFESSIONAL TRAINING

Licensed Social Worker, New Jersey
Trauma Focused Cognitive Behavioral Therapy Certificate, Medical University of South Carolina

ACADEMIC APPOINTMENTS

2021-present Assistant Professor
Department of Social & Behavioral Sciences
Yale School of Public Health
Yale University

2019- 2021 Assistant Professor
School of Social Welfare
SUNY Stony Brook University, Stony Brook, NY

2017-2019 Lecturer
School of Social Work
Columbia University, New York, NY

AFFILIATIONS

2020-present Faculty Affiliate
Vivian A. and James L. Curtis School of Social Work Center for
Health Equity Research and Training
School of Social Work
University of Michigan, Ann Arbor, MI

2019-present Visiting Research Faculty
Center for Interdisciplinary Research on AIDS
School of Public Health
Yale University, New Haven, CT

2018-present Affiliate Investigator
Center for Drug Use, HIV, & HCV Research
College of Public Health
New York University, New York, NY

GRANTS & RESEARCH SUPPORT

2020-2021 SUNY Diversity Initiatives Award
Office of the President
(DI-60; PI: Ijeoma Opara, PhD)
Award amount: \$50,000

- 2020-2025 “Understanding the Role of Neighborhoods on Substance Use and Mental Health Among Urban Youth: A Community Based Substance Use Prevention Project”
NIH Director’s Early Independence Award
(1DP5OD029636; PI: Ijeoma Opara, Ph.D.)
Award amount: \$1,848,275
- 2020 “The Dreamer Girls Project: Adaptation of the SIHLE/SISTA Intervention to Develop an HIV/AIDS, STI, and Drug Use Prevention Intervention for Black Adolescent Girls”
National Institute of Mental Health (R25-MH087217;
PI: Dr. Trace Kershaw)
Role: Pilot Study Principal Investigator
Award amount: \$20,000
- 2020 “The impact of social distancing during the COVID-19 outbreak on mental health and substance use outcomes: Examining risk and protective factors in young adult populations in New York”
SUNY COVID-19 Rapid Seed Grant
Role: Co-Principal Investigator
Award amount: \$5,000
- 2020 “A Digital Intervention for HIV Prevention in Black Adolescent Girls”
National Institute of Child Health and Human Development
(1R21HD098031-01; PI: Dr. Kimberly Hieftje, Yale University School of Medicine)
Role: Co-Investigator

PUBLICATIONS

Peer reviewed publications

**indicates collaboration with a student*

***indicates collaboration with postdoctoral fellow or resident physician trainee*

+ indicates senior authorship

- 48. Opara, I.,** Weser, V., Sands, B., Fernandes, C.S., *Hussett-Richardson, S., & Hieftje, K.
[Accepted]. Feeling Invisible & Unheard: A Qualitative Exploration of Gendered-Racist Stereotypes Influence on Sexual Decision Making and Mistreatment of Black Teen Girls.
Youth & Society

47. *Robertson, R., *Corbin, S., Gunn, J. III., & **+Opara, I.** (2022). Structural indicators of suicide: An exploration of state-level risk factors among Black and White people in the United States, 2015-2019. *Journal of Public Mental Health*
46. **Opara, I.**, Abrams, J., *Cross, K., & Amutah-Onukagha, N. (2021). Reframing Sexual Health for Black Girls and Women in HIV/STI Prevention Work: Highlighting the Role of Identity and Interpersonal Relationships. *International Journal on Environmental Research and Public Health*. doi: 10.3390/ijerph182212088. doi: 10.3390/ijerph182212088.
45. *McDanal, R., *Parisi, D., **+Opara, I.**, & +Schleider, J. (2021). Effects of Brief Interventions on Mental Health and Substance Use Outcomes. *Clinical Child and Family Psychology Review*. doi: 10.1007/s10567-021-00372-2
44. **Opara, I.**, **Hill, A., **Calhoun, A., *Francois, M., *Alves, C., Garcia-Reid, P., & Reid, R.J. (2021). Sociopolitical Control as a Mediator between Ethnic Identity and Social Support on 30-Day Drug Use among Black Girls. *Journal of Ethnicity in Substance Abuse*
43. Wint, K., **Opara, I.**, Gordon, R., & Brooms, D. (2021). Countering Educational Disparities Among Black Boys and Young Men from Pre-K to High School: A Life Course Intersectional Perspective. *Urban Review*
42. Lardier, D.T., **Opara, I.**, & Roach, E. (2021). A Latent Class Analysis of Psychological Sense of Community and Ethnic Identity among Young Adults of Color from the Southwestern United States. *Journal of Community Psychology*. doi: 10.1002/jcop.22686
41. Weser, V., **Opara, I.**, Sands, B., & Hieftje, K. (2021). How Black Teen Girls Navigate Social Media to Form Romantic Relationships. *Social Media & Society*. doi: 10.1177/20563051211033823
40. **Opara, I.**, Malik, S., Lardier Jr. D.T., **Gamble-George, J., Kelly, R., Okafor, E., Greene, N.R., & *Parisi, D. (2021). Alcohol Use Cravings as a Mediator Between Associated Risk Factors on Increased Alcohol Use among Youth Adults in New York During the COVID-19 Pandemic. *Alcoholism Treatment Quarterly*
39. Okafor, E., Asare, M., Bautista, K., & **Opara, I.** (2021). Symptoms of distress during the COVID-19 pandemic in the United States. *American Journal of Health Studies*. doi: 10.47779/ajhs.2021.638
38. **Opara, I.**, Lardier, D.T., Durkee, M., Garcia-Reid, P., & Reid, R.J. (2021). Ethnic Identity as a Moderator between HIV Knowledge on Viral Hepatitis Knowledge and Psychological Antecedents among Racial-Ethnic Minority Youth. *Journal of Racial and Ethnic Health Disparities*. doi: 10.1007/s40615-021-01069-6

37. Boyd, D., **Opara, I.**, Quinn, C.R., Waller, B., Ramos, R.S., & Duncan, D.T. (2021). The Impact of Parent-Child Sex Health Communication on Drug Use and Using Drugs While Having Sex among Urban Black Youth. *International Journal of Environmental Research & Public Health*. doi: 10.3390/ijerph18105170
36. Lardier, D.T., **Opara, I.**, Lin, Y., Roach, E., Herrera, A., Garcia-Reid, P., Reid, R.J. (2021). A Spatial Analysis of Alcohol Outlet Density, Abandoned Properties and Police Call to Service on Non-Fatal Shootings and Aggravated Assaults in a Northeastern United States Urban City. *Substance Use & Misuse*. doi: 10.1080/10826084.2021.1942053
35. **Opara, I.**, Lardier Jr., D.T., Garcia-Reid, P., & Reid, R.J. (2021). Testing the Factor Structure of the Brief Sense of Community Scale among Black Girls and the Relationship with Ethnic Identity, Empowerment and Social Support. *Children & Youth Services Review*. doi: 10.1016/j.chilyouth.2021.106095
34. **Opara, I.**, Leonard, N., *Thorpe, D., & Kershaw, T. (2021). Understanding Neighborhoods' Impact on Youth Substance Use and Mental Health Outcomes in Paterson, New Jersey: Protocol for a Community-Based Participatory Research Study. *Journal of Medical Internet Research*. doi: 10.2196/29427.
33. Ramos, S.R., Lardier, D.T., Jr., **Opara, I.**, Williams, C., Turpin, R.E., Boyd, D.T., Gutierrez, J., Nelson, L.E., & Kershaw, T. (2021). Intersectional Effects of Internalized Homophobia, Gender Expression, and Sexual Orientation Concealment on Health Literacy and HIV Risk Among Sexual Minority Men of Color: A Path Analysis. *Journal of the Association of Nurses in AIDS Care*. doi: 10.1097/JNC.0000000000000274.
32. Okafor, E., Asare, M., Bautista, K., & **Opara, I.** (2021). Coping in the time of COVID-19: Buffering stressors with coping strategies. *Journal of Loss & Trauma*. doi: 10.1080/15325024.2021.1914987
31. Lardier Jr., D.T., **Opara, I.**, Reid, R.J., Garcia-Reid, P., Herrera, A., & Cantu, I. (2021). Increasing HIV/AIDS knowledge among urban ethnic minority youth: Findings from a community-based prevention intervention program. *Journal of HIV/AIDS & Social Sciences*. doi: 10.1080/15381501.2021.1910097
30. **Opara, I.**, Weissinger, G., Lardier, D.T., Jr., Lanier, Y., Carter, S., & Brawner, B. (2021). Mental Health Burden among Black Adolescents: The Need for Better Assessment, Diagnosis and Treatment Engagement. *Social Work in Mental Health*. doi: 10.1080/15332985.2021.1879345
29. **Opara, I.** & Brown, T. (2021). #BlackGirlsMatter and the Social Work Curriculum: Integrating Intersectionality within Social Work Education. *Journal of Social Work Education*. doi: 10.1080/10437797.2021.1985026

28. Lardier Jr., D.T., **Opara, I.**, Brammer, M.K., Pinto, S.A., Garcia-Reid, P., & Reid, R.J. (2021). Psychological sense of community, community civic participation, and ethnic identity on social justice orientation and psychological empowerment between LGBTQ and Non-LGBTQ youth of color. *LGBT Youth*. doi: 10.1080/19361653.2020.1860858
27. Lardier Jr. D. T., **Opara, I.**, Cantu, I., Garcia-Reid, P., & Reid, R.J. (2021). The Brief Sense of Community Scale: Testing Dimensionality and Measurement Invariance by Gender among Hispanic/Latinx Youth. *Journal of Community Psychology*. doi: 10.1002/jcop.22585
26. **Opara, I.**, Lardier Jr., D.T., Garcia-Reid, P., & Reid, R.J. (2020). Measuring Intrapersonal Empowerment and Ethnic Identity: Highlighting Strengths of Urban Black Girls. *Youth & Society*. Advance online publication. doi: 10.1177/0044118X20970226
25. **Opara, I.**, Rivera Rodas, E., Garcia-Reid, P. & Reid, R.J. (2020). Ethnic Identity, Empowerment, Social Support, and Sexual Risk Behaviors among Black Adolescent Girls: Examining Drug Use as a Mediator. *Child and Adolescent Social Work*. Advanced online publication. doi: 10.1007/s10560-020-00706-z
24. **Opara, I.**, Lardier Jr. D.T., *Fernandez, Y., Garcia-Reid, P., & Reid, R.J. (2020). Intrapersonal Psychological Empowerment Profiles on Ethnic Identity, Social Support, and Lifetime Drug Use among Hispanic Adolescent Girls. *Journal of Ethnicity in Substance Abuse*. Advanced online publication. doi: 10.1080/15332640.2020.1803780
23. **Opara, I.**, *Assan, M.A., *Pierre, K., Gunn, J III., Metzger, I., *Hamilton J., & *Arugu, E. (2020). Suicide among Black children: An integrated model of the interpersonal-psychological theory of suicide and intersectionality theory for researchers & clinicians. *Journal of Black Studies*. Advanced online publication. doi: 10.1177/0021934720935641
22. **Opara, I.**, Lardier Jr., D.T., Metzger, I., Herrera, A., *Franklin, L., Garcia-Reid, P., & Reid, R.J. (2020). “Bullets have no names”: A qualitative exploration of community trauma among Black and Latinx youth. *Journal of Child & Family Studies*. Advance online publication. doi: 10.1007/s10826-020-01764-8
21. **Opara, I.**, Chandler, C., Alcena-Stiner, D, Nnawulezi, N., & Kershaw, T. (2020). When Pandemics Call: Community-Based Research Considerations for HIV Scholars. *AIDS and Behavior*. Advance online publication. doi: 10.1007/s10461-020-02878-2
20. Amutah-Onukagha, N., Mahadevan, M., **Opara, I.**, Rodriguez, M., Kelly, J., & Trusdell, M. (2020). Commentary: Project THANKS: Examining HIV/AIDS-Related Barriers and Facilitators to Care in African American Women: A Community Perspective. *Journal of International Associations of Providers of AIDS Care*. doi: 10.1177/2325958220936406
19. Doamekpor, L.A., Gleason, J.L., **Opara, I.**, & Amutah-Onukagha N. (2020). Nativity and Cardiovascular Dysregulation: Evidence from the 2001-2016 National Health and Nutrition

Examination Survey. *Journal of Racial and Ethnic Disparities*. Advance online publication. doi: 10.1007/s40615-020-00765-z

18. Metzger, I., Cooper, S., Griffin, C. B., Golden, A., **Opara, I.**, & Ritchwood, T. (2020). Parenting profiles of academic and racial socialization: Associations with academic engagement and perception of academic ability of African American adolescents. *Journal of School Psychology*. doi: 10.1016/j.jsp.2020.07.001
17. Lardier Jr., D.T., **Opara, I.**, Reid, R.J., & Garcia-Reid, P. (2020). The role of empowerment-based protective factors on substance use among youth of color. *Child and Adolescent Social Work Journal*. Advance online publication. doi: 10.1007/s10560-020-00659-3
16. Lardier Jr., D.T., **Opara, I.**, Garcia-Reid, P., & Reid, R.J. (2020). The mediating role of ethnic identity and social justice orientation between community civic participation, psychological sense of community and cognitive and psychological empowerment among adolescents of color. *The Urban Review*. Advance online publication. doi: 10.1007/s11256-020-00573-z
15. Lardier Jr., D.T., **Opara, I.**, Garcia-Reid, P. & Reid, R.J. (2020). The Cognitive Empowerment Scale: Multigroup Confirmatory Factor Analysis Among Youth of Color. *Child and Adolescent Social Work Journal*. Advance online publication: 10.1007/s10560-019-00647-2
14. **Opara, I.**, Rivera Rodas, E.I., Lardier, Jr. D.T., Garcia-Reid, P., & Reid, R.J. (2019). Validation of the abbreviated socio-political control scale for youth among girls of color. *Child and Adolescent Social Work Journal*. 37, 83-95. doi: 10.1007/s10560019006249
13. **Opara, I.** & *Santos, N. (2019). A conceptual framework exploring social media, eating disorders, and body dissatisfaction among Latina adolescents. *Hispanic Journal of Behavioral Sciences*. doi:10.1177/0739986319860844
12. **Opara, I.**, Lardier Jr., D.T., Herrera, A., Garcia-Reid, P., & Reid, R.J. (2019). Increasing viral hepatitis knowledge among urban ethnic minority youth: Findings from a community-based prevention intervention. *Journal of Community Health*. Advance online publication: 10.1007/s10900-019-00740-8
11. Lardier Jr., D.T., **Opara, I.**, Herrera, A., Garcia-Reid, P., & Reid, R.J. (2019). Sexual negotiation skills and risky behavior on sexual partnerships, HIV knowledge, and risk perception among urban youth of color: A latent class analysis. *Journal of HIV/AIDS & Social Services*. doi: 10.1080/15381501.2019.1632237
10. **Opara, I.**, Lardier, Jr. D.T., Reid, R.J., & Garcia-Reid, P. (2019). "It all starts with the parents": A qualitative study on the protective factors for drug use prevention among Black and Hispanic girls. *Affilia: Journal of Women & Social Work*. Advance online publication: doi:10.1177/0886109918822543

9. Lardier Jr., D.T., **Opara, I.**, Berguson, C., Herrera, A., Garcia-Reid, P., & Reid, R.J. (2019). A study of neighborhood sense of community as a mediator between supportive social systems, school belongingness, and outcome behaviors among urban youth of color. *Journal of Community Psychology*. Advance online publication. doi: 10.1002/jcop.22182
8. Beverly, H.K., Castro, Y., & **Opara, I.** (2019). Age of first marijuana use and its impact on education attainment and employment status. *Journal of Drug Issues*. Advance online publication: doi:10.1177/0022042618823007
7. Amutah-Onukagha, N., **Opara, I.**, Hammonds, R., & Guthrie, B. (2018). Missed opportunities for HIV prevention: Results of a qualitative study on mother-daughter communication. *Journal of HIV/AIDS & Social Services*, doi: 10.1080/15381501.2018.1502708
6. Amutah-Onukagha, N., Mahadevan, M., **Opara, I.**, Rodriguez, M., Kelly, J., & Trusdell, M. (2018). Project THANKS: Examining HIV-related barriers and facilitators to care in African American women: A community perspective. *AIDS Patient Care & STDs*, 32(4). doi: 10.1089/apc.2017.0215
5. Garcia-Reid, P., Lardier, Jr. D.T, Reid, R.J., & **Opara, I.** (2018). Understanding the influence of sexual risk-taking, ethnic identity, and family and peer support on school importance among Hispanic adolescents. *Education & Urban Society*. Advance online publication. doi: 10.1177/0013124518787827
4. **Opara, I.** (2018). Examining African American parent-daughter HIV risk communication using a Black feminist-ecological lens: Implications for Intervention. *Journal of Black Studies*, 49(2), 134-151. doi: 10.1177/0021934717741900
3. Respress, B., Amutah-Onukagha, N., & **Opara, I.** (2018). The effects of school-based discrimination on adolescents of color sexual health outcomes: A social determinants approach. *Social Work in Public Health*, 33 (3), 1-16. doi:10.1080/19371918.2017.1378953
2. Amutah-Onukagha. N., Rodriguez. M., **Opara, I.**, Gardner, M., Assan, M., Hammond, R., Plata, J., Pierre, K., & Farran, E. (2017). Progresses and challenges in utilizing traditional birth attendants in maternal and child health in Nigeria. *International Journal of Maternal and Child Health & AIDS*, 6(2), 130-138. doi: 10.21106/ijma.204
1. Awosan, C. I., & **Opara, I.** (2016). Socioemotional factor: A missing gap in theorizing and studying Black heterosexual coupling processes and relationships. *Journal of Black Sexuality and Relationships*, 3(2), 25-51. doi: 10.1353/bsr.2016.0027

Book review

- Opara, I.** (2018). Black girls and adolescents: Facing the challenges. *Journal of Black Studies*, 49(5). 520-523. doi: 10.1177/0021934718773738

Non-refereed publications/Op-eds

- Opara, I.** (2021, August). As a public health expert, I had concerns about vaccines too, here is why you should trust them. *Global Citizen*. Retrieved at: <https://www.globalcitizen.org/en/content/vaccine-hesitancy-public-health-ijeoma-opara/>
- Opara, I.** (2019, January). Marijuana legalization: Is decriminalization a better option? *USA Today*. Retrieved from: <https://www.app.com/story/opinion/columnists/2019/01/25/nj-marijuana-legalization-decriminalization-better-option/2666792002/>
- Opara, I.,** Lee, S., James, A., Allen, W., & Price, L. (2018, April). Improving community-police relations through dialogue: Creating healthier neighborhoods for Black families. *National Council on Family Relations, Ethnic Minorities Section Post Conference Newsletter Spring 2018, 1(5)*.
- Opara, I.** (2016, September). Empowering Sierra Leonean girls to change the world. *Applause Africa Magazine*. Retrieved at <http://applauseafrica.com/2016/09/26/empowering-sierra-leonean-girls-to-change-the-world/>

FELLOWSHIPS

2021-2022	Researcher Resiliency Training Program Washington University in St. Louis Brown School Funded by National Institute of Mental Health (R25MH118935; PI: Mary McKay; Co-PI: Sean Joe & Fred Sswemala)
2019-2021	Research Education Institute for Diverse Scholars (REIDS) Fellowship Center for Interdisciplinary Research on AIDS Yale School of Public Health (R25-MH087217; PI: Dr. Trace Kershaw)
2018-2019	Behavioral Sciences in Drug Abuse Research Training Program Predoctoral Fellowship New York University National Institute on Drug Abuse (5T32 DA07233; PI: Gregory Falkin, Ph.D)
2017	New Writers' Initiative Fellowship Family Process Institute
2016-2019	Doctoral Research Fellowship

Montclair State University

2013-2014 Primary and Behavioral Integrated Health Care Fellowship
SAMHSA/HRSA MSW Fellowship, New York University

2010-2011 Research Initiatives for Student Enhancement
Centers for Disease Control and Prevention

HONORS & AWARDS

2022-2024 NIDA FIRST Scholars Award

2021-2023 NIH Loan Repayment Program (NIDA-Health Disparities
Research)

2020 Outstanding Civic Engagement Award, Paterson City
Council

2020 NIH Director's Early Independence Award

2020 NIDA Diversity Scholars Network Program (deferred)

2019 NIH/National Research Mentoring Networking
Grantsmanship Program

2019 John D. Slade, MD Memorial Advocacy Award
Alcohol, Tobacco, and Other Drugs (ATOD) section
American Public Health Association (APHA)

2019 Community Mobilizer of The Year
Paterson Coalition Against Substance Abuse

2019 NIDA Women & Sex/Gender Differences Junior
Investigator Travel Award
College on Problems of Drug Dependence
2019 Annual Meeting

2018 John L. and Harriette P. McAdoo Dissertation Award
National Council on Family Relations

2018 Outstanding Student Poster Award on Drug Use Prevention
Alcohol, Tobacco, and other Drugs section
American Public Health Association Annual Meeting

2018	Summer Workshop Travel Award Program for Research on Black Americans Institute of Social Research University of Michigan School of Social Work
2018	Student Research and Conference Travel Fund College of Education and Human Services Montclair State University
2018	Kappa Omicron Nu National Honor Society Montclair State University chapter
2017	New Writers' Initiative Fellowship Family Process Institute
2017	POZ Top 100 Women Committed to Ending the HIV Epidemic Honoree POZ Magazine
2017	Student Travel Award Montclair State University
2017	Student Travel Scholarship Black Infant Mortality in New Jersey Conference Partnership of Maternal & Child Health/Rutgers University
2017	Scholarship for Outstanding Doctoral Student Montclair State University
2017	Population Health Scholar AcademyHealth
2016	Student Travel Award Montclair State University
2013-2014	Student Scholarship for Academic Excellence New York University
2013-2014	Primary and Behavioral Integrated Health Care Fellowship SAMHSA/HRSA MSW Fellowship, New York University

RESEARCH EXPERIENCE

Fall 2019-Spring 2020 Assistant Professor
Stony Brook University
School of Social Welfare, Stony Brook, NY
Course (s): Advanced Practice I & II for Children & Families

Fall 2017, Fall 2018, Spring 2019 Lecturer
Columbia University
School of Social Work, New York, NY
Course (s): Adolescent Development: Theoretical and
Intervention Perspectives; Human Behavior in the Social
Environment I

Summer 2018 Adjunct Professor
City University of New York (CUNY) Hunter
College, Silberman School of Social Work
Course: Social Welfare Policy II: Substance Abuse Policy

GUEST LECTURES

Spring 2020 Guest Lecturer
“Empowering Girls of Color: A review of empowerment
theory and intersectionality theory”
PhD Level Human Development and Developmental Science
Course
College of Social and Behavioral Sciences
Wilmington University, DE

Fall 2017, Fall 2018 Guest Lecturer
“Marijuana Legalization in New Jersey: Understanding Both
Sides”
Community Organizing and Health Advocacy
Montclair State University, Department of Public Health

Fall 2016 Guest Lecturer
“Substance Abuse & HIV in Youth”
Child and Family Studies Senior Seminar
Montclair State University, Department of Family Science &
Human Development:

WORK EXPERIENCE

2019 Per Diem Child & Family Therapist
Internal Affairs Child and Family
Therapy Center, Cranford, NJ

2014-2016 Youth & Family Therapist
Esperanza, New York, NY

2014 Assistant Director of Supportive Housing
The Children's Village, Valhalla, NY

2013-2014 SAMHSA/HRSA Master of Social Work
Student Internship
Placement site: Institute of Community Living, Manhattan,
NY

2007-2013 Care Coordinator Supervisor
Griswold Special Care, Westfield, NJ

INVITED TALKS AND WORKSHOPS

Opara, I. (2021, December). Training for Clinicians: Strengths based approaches to substance use and mental health for Black children and families (CEUs eligible)

Opara, I. (2021, June). #BlackGirlMagic. Using strengths in prevention research for Black girls. Keynote speaker. STEMNoire Conference

Opara, I. (2021, May). Strengths-based strategies to address gendered racism and substance use and mental health in urban youth. NIDA Intramural Seminar Series.

Opara, I. (2021, April). Strengths-based approaches to substance use prevention for Black and Hispanic Girls. REACH Program, Yale School of Medicine, Department of Psychiatry. (Virtual).

Opara, I. (2021, April). Strengths-based approaches to substance use prevention for Black and Hispanic Girls. Grand Rounds, Division of Adolescent and Young Adult Medicine, Children's Hospital of Los Angeles, University of Southern California

Opara, I. (2021, February). Where do we go from here? Healing from the previous administration. Columbia University School of Social Work Black Student Caucus (virtual)

Opara, I. (2020, December). How to effectively engage with racially diverse communities to prevent substance abuse. COMPASS Unity, Long Island, NY

Opara, I. (2020, November). Journey to Success, The National Black Post-Doc Association (co-sponsored jointly by the Harvard and Yale University Black Postdoctoral Associations)

Opara, I. (2020, September). Three steps to becoming a youth advocate. NAACP Youth Chapter. Virtual Meeting.

Opara, I. (2020, August). “The Journey to Becoming a Black Female College Professor”, Summer Work Experience Program Youth Academy, East Orange, NJ

Opara, I. (2020, June). Conducting Research in a Time of Physical Distancing. Center for Interdisciplinary Research on AIDS, Yale University

Opara, I. (2020, June). Dealing with Loss during the COVID-19 Pandemic. H.E.R. Day Annual Conference.

Opara, I., (2020, May). [Invited Panelist]. Journey of being a professor and researcher. The State of Black Girls 3-day Virtual Career Conference

Opara, I. (2020, April). COVID-19 Pandemic and Black Women. Violent Empowerment Group for Black female survivors of violence, Jersey City, NJ

Opara, I. (2020, January). “Strengths-based approaches to drug use and HIV prevention among urban girls of color.” Research Presentation. Program for Research on Black Americans, University of Michigan, Ann Arbor, MI

Opara, I. (2019, December). [Invited Panelist] “Empowering youth & families involved in the justice system.” Passaic County Youth Services Conference, Passaic, NJ

Opara, I. (2019, November). [Workshop Facilitator]. “Marijuana prevention for youth in New Jersey”. 6th Annual the Tree of Addiction, Alcohol, Tobacco, and Other Drugs Conference, Teaneck, NJ

Opara, I. (2019, October). [Workshop Facilitator] “Black Girl Activist: Empowering Black Girls to Change Communities”. Congressional Caucus on Black Women & Girls Conference, Rider University, Lawrenceville, NJ

Opara, I. (2019, May). “Marijuana prevention for youth—in a post-legalization era”. New Jersey Psychiatric Rehabilitation Association (NJPHA) Education & Celebration 2nd Annual Spring Conference, Monroe Township, NJ

Opara, I., Garcia-Reid, P., Reid, R.J. (2018, December). “Strengths-based approaches to HIV/AIDS, STI, and drug use prevention in the classroom”. Paterson Board of Education, Physical Education and Health K-12 Teachers In-Service, Paterson, NJ

Opara, I. (2018, October). [Invited Panelist] “Discussion on adult use cannabis”. Hosted by Assemblywoman Angela McKnight, Jersey City, NJ

Opara, I. (2018, September). “Impact of marijuana legalization on youth”. Exodus Church, Paterson, NJ.

Opara, I. (2018, August). [Invited Panelist]. “Marijuana legalization: What we need to know”. Hosted by Mayor Ras Baraka of Newark, Newark, NJ

Opara, I. (2018, August). “Marijuana legalization, are we ready?” Joint talk with Congressmen Patrick Kennedy, Stockton University, Lawrenceville, NJ

Opara, I., Garcia-Reid, P., Reid, R.J. (2018, December). “Strengths-based approaches to HIV/AIDS, STI, and drug use prevention in the classroom”. Paterson Board of Education, Physical Education and Health K-12 Teachers In-Service, Paterson, NJ

Opara, I. (2018, June). “Marijuana legalization and its effects on youth of color”. National Association of Social Workers (NASW-NJ) Board, NASW Headquarters, New Brunswick, NJ

SUPERVISION

Master of Public Health Student Internship Preceptor

Student (s): Araba Assan, BS and Matthew McGovern, BA
Montclair State University, Summer 2018

Bachelor of Social work Student Field Supervisor

Student: Evelyn Pena
Community organizing field internship (BSW Course)
Ramapo College, Summer 2017
Student Internship Site: OASIS, Paterson, NJ

REFEREED CONFERENCE PRESENTATIONS

**Indicates collaboration with student*

*Thorpe, D., **Opara, I.**, & Lardier, D.T. (2021, June). The effects of neighborhood resources and disparity on public school absenteeism in Passaic County, New Jersey. Society for Prevention Research Annual Conference (Virtual).

Opara, I. & Abrams, J. (April 2021). Reframing Sexual Behavior and Sexual Health for Black Girls and Women. HIV & Sexual Health SIG Prioritizing Black Women’s Health: Examining the Roles of Substance Use, PrEP Awareness and Strengths-Based Approaches. Symposium at the 42nd Society for Behavioral Medicine 2021 Conference. (Virtual).

Gunn, J., **Opara, I.**, *Assan, M., & *Pierre, K. (2020, April). Suicide and Black Children: Implications for Research, Policy & Practice. Poster to be presented at the American Association of Suicidology Annual Conference. Portland, Oregon.

Opara, I. (2020, January). Racial differences in protective factors for substance use and sexual risk behavior among Black and Hispanic adolescent females. Accepted for oral presentation. Society for Social Work Research, Washington D.C.

Opara, I. (2019, November). Exploring the role of social support, ethnic identity, and psychological empowerment on drug use and sexual risk behavior among Black and Hispanic female adolescents. National Council on Family Relations, Fort Worth, TX ****McAdoo Dissertation Award Winner Address.**

Opara, I. (2019, November). "Social and cultural protective factors for drug use and sexual risk behavior among urban Black adolescent girls". Roundtable paper to be presented at American Public Health Association (APHA) Annual Meeting, Philadelphia, PA.

Opara, I., Lardier Jr., D.T., Garcia-Reid, & Reid, R.J. (2019, June). "A qualitative study on protective factors for drug use prevention among Black and Hispanic girls". Paper presented at the 81st College on Problems of Drug Dependence (CPDD) Annual Scientific Meeting, San Antonio, Texas.

Lardier Jr., D.T., **Opara, I.,** Pinto, S., Garcia-Reid, P., & Reid, R.J. (2019, June). "The mediating effects of cognitive empowerment and social justice awareness between sense of community, ethnic identity, community participation and psychological empowerment among queer and non-queer youth of color". Paper to be presented at the Society for Community Research and Action, Chicago, IL

Opara, I. & Brown, T. (2018, November). "The application of strengths-based approaches for training students to work with racial/ethnic minorities through practicums and internships". Invited oral paper symposium presented at the National Council on Family Relations, San Diego, CA

Opara, I., *Franklin, L., Garcia-Reid, P., & Reid, R.J. (2018, November). "The normalization of violence and drug use among ethnic minority youth: A qualitative exploration". Poster presented at the National Council on Family Relations, San Diego, CA

Lardier Jr., D., **Opara, I.,** Berguson, C., Garcia-Reid, P., & Reid, R.J. (2018, November). "The mediating role of neighborhood attachment among ecological supports, school importance, risk behaviors, and depression". Poster to be presented at National Council on Family Relations, San Diego, CA

Opara, I.,** Garcia-Reid, P., & Reid, R.J. (2018, November). "Adapting a public health framework to reduce racial disparities in recreational marijuana use for urban youth of color in New Jersey". Poster presented at American Public Health Association (APHA) Annual Meeting 2018, San Diego, California. *Outstanding student poster award in the Alcohol, Tobacco, and Other Drugs section.**

Amutah-Onukagha, N., **Opara, I.,** & Guthrie, B. (2018, November). "Addressing health disparities to improve women's health outcomes and achieve health equity". Roundtable oral presentation to be discussed at American Public Health Association (APHA) Annual Meeting 2018, San Diego, California.

Opara, I., Garcia-Reid, P., & Reid, R.J. (2018, July). “The role of ethnic identity and psychological empowerment in HIV and drug use prevention for Black and Hispanic female adolescents”. Poster to be presented at 22nd International AIDS conference 2018. Amsterdam, Netherlands.

Reid, R.J., Lardier, Jr. D.T, **Opara, I.,** Herrera, A., & Berguson, C. (2018, February). “P-CASA: Policy & advocacy” Poster presented at Community Anti-Drug Coalitions of America (CADCA) 26th Annual National Leadership Forum.

Opara, I., Lee, S., Price, D., Allen, W., & James, A. (2017, November). “Improving community-police relations through dialogue: Creating healthier neighborhoods for Black families”. **Co-chair and presenter.** Invited symposium presented at the National Council on Family Relations Conference. Orlando, FL.

Opara, I. & Butz, A. (2017, November). “Caregiver characteristics of urban African American children living with severe asthma”. Poster presented at the National Council on Family Relations Conference. Orlando, FL.

Opara, I., & Amutah, N. (2017, November). “Project DASH: Analyzing maternal communication processes between African American mothers living with HIV and their daughters”. Poster presented at the National Council on Family Relations Conference. Orlando, FL.

Opara, I. (2017, October). “Examining HIV risk parent-child communication among African American female adolescents through an ecological systems and Black feminist lens”. Paper presentation. 5th Annual Black Doctoral Network Annual Conference. Atlanta, GA.

Opara, I. & Awosan, C. (2016, October). “Residual effects of slavery and its impact on Black male-female heterosexual relationships”, 4th Annual Black Doctoral Network Conference. Paper presentation. Atlanta, GA.

Opara, I. & Awosan, C. (2016, March) “Racism and its effects on Black male-female intimate relationships” at Tulane University, “Social Justice and The City: Implications for race and equity”, Paper presentation. New Orleans, LA.

Opara, I. & Butz, A. (2011, October) “Caregiver characteristics associated with asthma morbidity in inner city African American children” at 139th American Public Health Association (APHA) Annual Meeting, Poster presentation. Washington D.C.

COMMUNITY PRESENTATIONS

Opara, I. (2020, January). [Workshop Facilitator]. “Using media to talk to your kids about drugs, sex, & violence”. City of Paterson, Paterson Youth Services Bureau Family Night, Paterson, NJ

Opara, I., Garcia-Reid, P., Reid, R.J. (2018, January). “Project COPE steering committee January 2018 presentation”. Paterson Public Library, Project C.O.P.E., Montclair State University

Opara, I., Lardier, Jr. D.T., Reid, R.J., & Garcia-Reid, P. (2017, October). “P-CASA & Project C.O.P.E. 2017 highlights and outcomes”, Ph.D. Research Colloquium, Montclair State University

Opara, I. (2017, October). “Connection between HIV/AIDS, drugs, & violence prevalence rates in New Jersey”. Project C.O.P.E. Community Empowerment Forum, Paterson public library.

Opara, I. (2017, October). Plan for modifying hours of operation ordinance evaluation, Paterson Police Department, P-CASA, Montclair State University

Opara, I., Reid, R.J., & Garcia-Reid, P. (2017, September). “Engaging parents to talk about substance abuse with their children”, Paterson School District K-5th Teacher In-Service, Project C.O.P.E. & P-CASA, Montclair State University

Lardier Jr. D.T. & **Opara I.** (2017, June). P-CASA surveying years data dissemination for 2013-2017, P-CASA Coalition Meeting, Paterson Public Library, Paterson, NJ

Opara, I., Reid, R.J., & Garcia-Reid, P. (2017, February). “Engaging parents to talk about substance abuse with their children”, Paterson School District Teacher In-Service, Project C.O.P.E. & P-CASA, Montclair State University

Opara, I., Reid, R.J., & Garcia-Reid, P. (2017, February). “Data Dissemination”, Paterson Department of Education, Project C.O.P.E & P-CASA, Montclair State University

Opara, I. [Facilitator & Trainer]. (2017, February). Photovoice for high school youth, science and technology Charter High School, Paterson, NJ

Opara, I. (2017, January). “Tobacco retailer training program for Paterson, NJ”, P-CASA, Montclair State University and Paterson Department of Health

Opara, I. (2017, January). “Tobacco retailer programs proposal for Paterson, NJ” Paterson Coalition Against Substance Abuse (P-CASA) monthly meetings part of the Drug Free Communities (DFC) grant program. Paterson Public Library, Paterson, NJ

Opara, I. (2014, July). “Healthy eating options for foster care youth living in transitional housing”, Supportive Housing Program, The Children’s Village, Valhalla NY

Opara, I. (2014, March). [Invited speaker]. “Empowerment through loss”. Workshop on Women’s Empowerment at the United Nations. International Women’s Day 2014, United Nations Plaza, New York, NY

Opara, I. (2011, July). [Invited speaker]. “Nurturing resilience through loss”. 3rd Annual H.E.R Day

Conference. Wyndam Princeton Hotel, Princeton, NJ

SERVICE TO THE FIELD

Board Member, (2021-present). National Advisory Board for the Family Involvement in Recovery Support and Treatment (FIRST) Research, National Institute on Drug Abuse

Elected Board Member. 2020-2023. The Arc of Union County, New Jersey

Youth Advisor. (2020-present). NAACP Youth Chapter

Harriett and John McAdoo Dissertation Awards Committee Member (2020). Racial and Ethnic Diversity in Families Section, National Council on Family Relations

Students & New Professional Representative (2020-2022). Racial and Ethnic Diversity in Families Section, National Council on Family Relations

Policy Fellow Mentor (2019-2020). The Network for Social Work Management Policy Fellows Program

Facilitator. (2019, November). “Being intentional with your time in graduate school”. Ethnic Minorities Section Roundtable Discussion. National Council on Family Relations. Fort Worth, Texas

Moderator. (2019, November). “Community-Engaged Anti-Racism Practice: Community Health Activism from Local to Global”. Society for the Analysis of African American Public Health (SAAPHI) Annual Meeting and Scientific Symposium, Drexel University School of Public Health, Philadelphia, PA.

Abstract reviewer. (2019). Alcohol, Tobacco, and Other Drugs section, American Public Health Association

Elected Board Member (2018-2020). Society for the Analysis of African American Public Health (SAAPHI)

Invited Public & Population Health Theme Co-Chair, (2017-2018). AcademyHealth 2018 Annual Research Meeting (ARM) Planning Committee

Organizer and Moderator (2017, October). “HIV, Drugs, & Violence” Community Empowerment Forum & Expert Panel, Project C.O.P.E., Paterson, NJ

Application reviewer (2017, October). Mandela Washington D.C. Fellowship for Young African Leaders

Proposal Reviewer (2017). Feminism Section, National Council of Family Relations

Abstract Reviewer (2017). Ethnic Minorities Section, National Council of Family Relations

Co-chair of Union County Unit (2013-2016). National Association of Social Workers

Student Leader (2009-2011). Epidemiology Section, American Public Health Association (APHA)

UNIVERSITY SERVICE

Member, U.S. Health Justice Concentration Committee (2021-present), Yale School of Public Health

Co-Director, NIMH T32 Pre-doctoral and Postdoctoral Yale AIDS Prevention Training (Y-APT) Fellowship, (2021-present) Yale School of Public Health

Training Mentor Faculty, (2021-present) NIDA T32 Postdoctoral Research Training Program in Substance Abuse Prevention, Yale School of Medicine

Member, PhD Program Committee (2020-present), Stony Brook University School of Social Welfare

Member, Field Education Committee (2019-2020), Stony Brook University School of Social Welfare

Member, Families, Youth, & Transition to Adulthood Specialization Committee (2019-2020), Stony Brook University School of Social Welfare

Invited Panelist (2018, February). Spring 2018 Graduate School Open House Student Panel, Montclair State University

Invited Panelist (2017, December). Macro and Mezzo Level Social Work Careers Alumni Session. Silver School of Social Work, New York University

Interviewer & Alumni Representative (2017-present). NYU Torchbearer, New York University Office of Undergraduate Admissions Program

Invited Panelist (2017, October). Fall 2017 Graduate School Open House Student Panel, Montclair State University

Organizer and Moderator (2017, February). Improving Police-Community Relations Through Dialogue Panel, Montclair State University

Invited Panelist (2017, February). Spring 2017 Graduate School Open House Student Panel, Montclair State University

Student Ambassador (2017-present). Ph.D. Program in Family Science & Human Development, Montclair State University

Representative for the 2016 Ph.D. Cohort, (2016-present). Department of Family Science & Human Development, Montclair State University

Invited Panelist (2013, March). Integrating Primary & Behavioral Health MSW Student Panel: Educational Seminar. Institute of Community Living, New York University, Manhattan, NY.

Student Member (2013-2014). New York University Black Social Work Student Collective Association

President (2010-2011). Student Healthcare Executives, New York Medical College

MENTORING ACTIVITIES (SELECTED)

Date	Name	Project/Publication	Current Position
2021-present	Daneele Thorpe	The Paterson Prevention Project; Dissertation Committee Member	The SASH Lab Research Assistant Stony Brook University
2021-present	Beatriz Duran-Becerra	Master Thesis Primary Advisor; The Paterson Prevention Project	Executive Director, Haven Clinic New Haven, CT Yale MPH student
2021-present	Christine Pham	The Paterson Prevention Project; alcohol outlet density/manuscript	The SASH Lab Research Assistant Yale MPH student
2021-present	Sydney Hussett-Richardson	The Dreamer Girls Project; Black Teen Girls XR Video Game for HIV Prevention	The SASH Lab Research Assistant, Advisee Yale MPH student
2021-present	Emmanuella Asabor	HIV/AIDS and substance use prevention; Health Equity; Dissertation Committee Member	Yale MD/PhD student The SASH Lab Research Assistant
2021-present	Courtnae Alves	The Dreamer Girls Project; Sociopolitical Control on Drug Use among Black Girls Study; Systematic Review on Drug Use and HIV prevention programs for Black girls	Stony Brook University Undergraduate student The SASH Lab Research Assistant
2020-present	Amanda Calhoun, MD	The Dreamer Girls Project; Sociopolitical Control on Drug Use among Black Girls study	Psychiatry resident at Yale New Haven Health
2020-2021	Ria Rodney	The Network for Social Work Management Policy Mentoring Program	Public Health Nurse

		Project: Black Maternal Health & Racial Disparities	
2020-2021	Kristina Cross	The Dreamer Girls Project; Systematic Review on Drug use and HIV prevention interventions for Black girls	MSW Stony Brook University Student SASH Lab Research Assistant
2019-2021	Deanna Parisi	Marijuana Perception Paper among Youth (Under review); Systematic Review of Brief Interventions (published)	MPH/MSW Stony Brook University Student SASH Lab Research Assistant
2018-2021	Ashley Lizzaraga, LMSW	Foster Care Youth and HIV Prevention; Systematic Review	PhD in Social Welfare Student, University of Washington (2020-2024) SASH Lab Research Assistant MSW graduate, Columbia University (2020)
2019-present	Marline Francois, LCSW	Black Girls, substance use, and Empowerment project	PhD Student in Family Science & Human Development, Montclair State University
2017-present	Maame Araba Assan, MPH, CHES	Black Youth Suicide (completed); Systematic Review for Black Girls Peer Mentoring Evaluation Project	Public Health Analyst in Philadelphia, PA SASH Lab Research Assistant MPH graduate, Montclair State (2019)
2017-2021	Kimberly Pierre, MPH, CHES	Black Youth Suicide (completed and published); Systematic Review for Black Girls (in progress; protocol registered)	Health Educator, Maplewood, NJ SASH Outreach Manager MPH Graduate, Rutgers University (2020)
2019-present	Mirinda Morency, LMSW	Provide monthly support on career advancement within the field of social work; providing mentorship on pursuing a PhD in Psychology in 2021	Mental Health Clinician Mount Hope Family Practice; Owner, Resilience Lab PLLC

Homelessness; Child & Youth Services Review; Sexuality & Culture; Journal of Racial & Ethnic Health Disparities; Social Work in Mental Health; American Journal of Men's Health

PROFESSIONAL ASSOCIATIONS

National Council on Family Relations
American Public Health Association